WELCOME TO WILSON AREA INTERMEDIATE SCHOOL

W.A.I.S. COUNSELING

Hello! We are the school counselors for WAIS. LindaJo David covers grades 5 & 6 and Nicole Richards covers grades 7 & 8. Our primary goal as your child’s school counselor is to help all students be their best selves. We are here to help your student achieve their full potential academically, socially and emotionally. We will strive in our interactions with your child to help them become aware of their own strengths, interests, values and feelings.

WHAT DO SCHOOL COUNSELORS DO?
- Classroom guidance lessons
- Brief-solution focused meetings
- Resources for parents and staff members
- Provide community resource ideas
- Parent meetings
- School Wide Programming
- Team with teachers and administrators to achieve solutions for struggling students

WHAT DO STUDENTS TALK TO SCHOOL COUNSELORS ABOUT?
- Friendships
- Self Esteem
- Decision Making/Problem Solving
- Feelings (exploration and management)
- Loss/Grief
- Understanding Others
- Study Skills
- Social Skills
- Adjusting to a new school
- Setting Goals
- Peer and Family relationships

Lessons is to help students develop an awareness of self, others and the world around them. Topics which are covered in these lessons can include:
- Goal Setting
- Decision Making
- Friendships/Relationships
- Conflict Resolution
- Emotions
- Communication
- Respect for Self and Others
- Anger Management

INDIVIDUAL STUDENT MEETINGS

We will occasionally meet with students individually to facilitate their growth and development through the exploration of feelings and concerns related to issues which impact their lives. Students can be self referred, teacher referred or parent referred.

*Please note, School Counselors DO NOT provide therapy. School Counselors provide brief-solution focused strategies. Referrals for outside counseling services are available for children who may have that need.

HOW DOES A SCHOOL COUNSELOR HELP PARENTS?
- Explore ways to help your child succeed
- Improve Parent-Child communication
- Referrals to Community Services
- Supply Reference Materials
- Information to help you understand your child’s needs

We hope you have a wonderful year! Let us know if we can be of any assistance to you and your child!

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